

Albany County Prevention, Treatment & Recovery Services

Albany County OASAS Prevention Providers

✓ **The Addiction Care Center (ACCA) -Prevention and Community Education Services**

Prevention Services

The ACCA delivers prevention education to thousands of Capital Region children each year to help support healthy communities and prevent underage drinking, drug abuse and other risky behaviors such as early sexual activity, school delinquency and teen violence.

Our prevention programs include:

- An Apple A Day© (AAAD)
- Grow Girl! © And Boys Only! ©
- Strong Families
- Anti-Bullying Programming

Community Education Services

ACCA's Community Education program delivers the following interactive workshops and presentations to schools, community organizations and corporations upon request.

- Bullying Prevention: Take a Stand, Lend a Hand
- Cyberbullying: The Wave of the Future
- Alcohol Awareness: Myths & Facts
- Addiction Awareness: Signs & Symptoms of a Deadly Disease
- Current Trends in Substance Abuse

- Contact: Jen Vitkus, @ (518) 465-5829 or jvitkus@theacca.net.

✓ **Capital Region BOCES CAPIT (Comprehensive Approaches to Prevention Intervention & Training) Program**

Substance Abuse Prevention and Early Intervention Services:

Elementary (Life Skills, Bullying Prevention), High School Services (Project Success, Teen Intervene and Reconnecting Youth), Parenting Education and Support, Work With Community Groups and Assistance with Any Prevention Or Health Promotion Efforts; training and consultation on a variety of topics including gambling prevention, dealing with difficult students, substance abuse and the family, mandated reporter, violence prevention and crisis intervention.

- Contact: (518) 464-3944

✓ **Prevention Education in Catholic Schools**

Works with students, teachers and parents to increase the skills needed to avoid the use and abuse of addictive substances. Prevention Services promotes physical, emotional, spiritual, and intellectual health by teaching social skills to the school community. The skills are taught using evidenced based programs that have been approved by The New York State Office of Alcoholism and Substance Abuse Services (OASAS).

- Contact: (518) 453-6666

Albany County OASAS Treatment Programs
By
Levels of Care

Withdrawal and Crisis Stabilization Services

Medically Managed Detoxification- a crisis service indicated when the individual is (1) at *risk of severe withdrawal*; (2) at *significant risk due to complications or co morbidities*; or (3) *incapacitated by substances* and there is *substantial risk of physical harm to the individual or others*.

Medically Supervised Detoxification- a crisis service indicated when the individual is (1) *at risk of moderate withdrawal*, and (2) *lacks support for early abstinence*.

Medically Supervised Outpatient Withdrawal and Stabilization (Ambulatory Detoxification)

- ✓ St. Peter's Hospital Detoxification Unit – Inpatient Capacity: 18 beds
 - Contact: Steve Boulet @ 518-525-1303

Non- Crisis Treatment Services

Inpatient Rehabilitation Services- are designed to initiate the treatment and recovery process for individuals who are (1) *unable to comply with treatment outside a 24 hour structured treatment setting or there is imminent health risk from continued AOD use and there are complications or co-morbidities requiring medical management /monitoring daily or the client does not have substantial deficits in functional skills requiring longer term rehabilitation*. These are medically supervised services that may be provided in general hospitals, psychiatric hospitals and free standing facilities. Inpatient treatment includes the management of physical or mental complications or co morbidities which may be present. Nursing services are available on a 24 hour basis.

- ✓ St. Peter's Addiction Recovery Center (SPARC Guilderland)- Capacity: 40 beds
 - Contact: Admissions @ 518- 452-6791

Residential Services

Intensive Residential Rehabilitation- (CCII) is designed for individuals who are *unable to participate in or comply with treatment outside a 24 hour structured treatment setting or there is an imminent health risk from continued AOD use*, and there are no complications or co morbidities requiring medical management /monitoring daily, but *the client has substantial deficits in functional skills* requiring longer term rehabilitation. These services seek to enhance the social and functional skills of individuals who may be isolated from conventional social relations, engage in inappropriate social behaviors, have poor personal care skills and/or have difficulties with activities of daily living.

- ✓ Hope House Inc., The Bette Center – Capacity: 35 beds
 - Contact: Erin Loffredo @ 518-465-2441
- ✓ Hospitality House (Men only)- Capacity: 72 beds
 - Contact: Young Do @ 518-434-6468
- ✓ The Next Step (Women only)- Capacity: 20 beds
 - Contact: Kimberly Greene @ 518-465-5249

Community Residential- (CCII) These services are designed to provide a safe, alcohol and drug free therapeutic domestic environment for persons who are homeless or whose home environment does not support treatment and recovery. These individuals have *inadequate living environments*. These services are provided in **conjunction** with outpatient treatment services and other services as indicated by the treatment plan.

- ✓ Addiction Care Center of Albany, Inc. (Men)- Capacity: 24 beds
 - Contact: 518-434-8083
- ✓ Hope House Women and Children’s Community Residence (Women and Women and Children)- Capacity: 41 adult beds
 - Contact: 518-453-8315
- ✓ SPARC- 2nd Ave. Community Residence (Men)- Capacity: 22 beds
 - Contact: 518-449-5170 ext. 113
- ✓ Trinity Alliance- Homer Perkins Center- (Men only) Capacity: 20 beds
 - Contact: 518-436-1104
- ✓ Addiction Care Center of Albany, Inc. Women and Children’s Residence (Women and Women and Children)- Capacity: 20 Beds
 - Contact: 518-465-5829

Supportive Living Services- (CCII) are indicated for clients referred by other OASAS certified services who have an inadequate living environment, but who exhibit skills and strengths necessary to maintain abstinence and readapt to independent living in the community with minimal clinical and peer support. When clinically appropriate, clients may be referred directly to supportive living from OASAS certified inpatient and residential rehabilitation upon discharge.

- ✓ Addiction Care Center of Albany, Inc., - ACCA Supportive Living (Men and Women)- Capacity: 32 Male Beds; 6 Female Beds
 - Contact: @ 518-434-8083
- ✓ 820 River Street-Supportive Living (Women only)- Capacity: 15 Beds
 - Contact: 518- 427-1730
- ✓ The Next Step Supportive Living Program (Women Only)- Capacity: 6 Beds
 - Contact: @ 518-465-5249

Residential Rehabilitation Services For Youth (RRSY) - The RRSY program is designed specifically to serve ***chemically dependent individuals who are under the age of 21***. The RRSY program will provide active treatment, including structured therapeutic activities, as well as clinical, medical, educational and recreation services.

- ✓ Hope House Residential Services for Youth (male only)- Capacity 20
 - Contact: Admissions @ (518) 486-8965

Outpatient Services

Opioid Treatment Programs - are indicated when the client does not meet the criteria for inpatient rehabilitation or intensive residential rehabilitation and the client *has an established opiate dependence condition, and chooses to participate in methadone treatment.*

- ✓ PROMESA- Camino Nuevo (New Path)- Bilingual Outpatient Clinic- Methadone and Suboxone Treatment available.
 - Contact: @ (518) 729-5659
- ✓ Whitney Young Methadone Maintenance Treatment Program
 - Contact: @ 518-463-3882

Outpatient Rehabilitation Services-are indicated when the client does not meet the criteria for inpatient rehabilitation, intensive residential rehabilitation or methadone treatment services and the client has an *inadequate social support system* to provide emotional and social support necessary for recovery, and the client has *Physical health care needs that require attention and monitoring, or the client has substantial deficits in functional skills* requiring longer term rehabilitation, including deficits in one or more of the following functional areas: activities of daily living, interpersonal skill, vocational/educational, or maladaptive social behavior. These services are generally 6 hours per day and include lunch.

- ✓ SPARC Outpatient Rehabilitation (2nd Ave.)
 - Contact: Stephen Lape @ 518-449-5170

Intensive Outpatient Services- are indicated when the client does not meet the criteria for any of the above levels of care and the client has a *moderate to severe dependence condition or there is a substantial risk for relapse*. These services typically occur from 3-5 visits per week (scheduled for 9 or more hours per week) for at least the first month of treatment.

- ✓ The Addiction Care Center of Albany, Inc.
 - Contact: @ 518-434-2367
- ✓ Belvedere Health Services, Inc., Program - Specialized IOS track for those with cognitive disorders and substance abuse.
 - Contact: 518-694-9400 ext. 149
- ✓ Eleanor Young Clinic
 - Contact: @ 518-465-8034
- ✓ Hope House Outpatient Clinic
 - Contact: Cindi Cole @ 518-427-8207
- ✓ SPARC Clinical Services/Latham
Adolescent Services Offered.
 - Contact: @ 518-783-5381
- ✓ SPARC Central-Albany
 - Contact: @518-482-2455
- ✓ SPARC Cohoes-
Adolescent Services Offered.
 - Contact: @ 518-235-1100
- ✓ Whitney Young OPC
 - Contact: 518-465-9345

Outpatient Services (non-intensive) - are indicated when the client does not meet the criteria for any of the treatment levels above. These services typically occur anywhere from 1-5 visits per week (less than 9 hours per week).

All Programs listed in Outpatient Intensive above and.....

- ✓ Albany County Integrated Clinic
 - Contact: @ 518-447-4551
- ✓ Equinox Outpatient Clinic
 - Contact: @ 518-434-6135
- ✓ LaSalle's Outpatient Clinic- (**Adolescents ages 12-18 years**)
 - Contact: @ 518-242-4731 ext. 225
- ✓ Pearl Counseling Center
 - Contact: @ 518-462-4320
- ✓ PROMESA- Camino Nuevo (New Path)- Bilingual Outpatient Clinic
Adolescent Services Offered.
 - Contact: @518-729-5659.
- ✓ Senior Hope (**Age 40 +**)
 - Contact: @ 518-489-7777

Specialized OASAS Licensed Services

Chemical Dependence Outpatient Treatment Services- Chemical Dependence Outpatient (822 program- for TBI's, cognitive challenges)

- ✓ Belvedere Health Services, Inc., Chemical Dependence Outpatient Program- Treatment for individuals who have co-occurring Chemical Dependency and a Traumatic Brain Injury (TBI) and/or other cognitive challenges.
 - Contact: 518-694-9400

Compulsive and Problem Gambling Services-

- ✓ Capital Counseling, The Center for Problem Gambling- Outpatient treatment services for problem/compulsive gamblers.
 - Contact: @ 518-462-6531

- ✓ SPARC Saratoga- Outpatient (**Adults and Adolescents**) contact: 518-885-6884

Recovery Advocacy and Support

- ✓ **Friends of Recovery-NY (FOR-NY)**

Statewide Recovery Community Organization (RCO) committed to educating decision makers and the general public about addiction recovery and calls for the end of discrimination that blocks access to addiction treatment, housing and recovery support.

www.FOR-NY.org

518-487-4395

- ✓ **Young People in Recovery (YPR)**

Young People in Recovery is a national advocacy organization, which aims to influence public policy, making it easier for our youth to find and maintain their recovery from addiction.

Chapter Lead: Mike Miller

trillaog@gmail.com

<https://www.facebook.com/yprnewyork>

- ✓ **Faces and Voices of Recovery- National Recovery Organization**

<http://www.facesandvoicesofrecovery.org/>

- ✓ **Partnership for Drug Free Kids- Information and Support for parents/families**

<http://www.drugfree.org/>

- ✓ **NIDA for Teens- Information for Teens , Parents and Educators**

<http://teens.drugabuse.gov/parents>

For additional information or questions, please feel free to call:

Dr. Stephen J. Giordano
Director of Community Services
Director, Albany County Department of Mental Health
(518) 447.4537
Stephen.Giordano@albanycountyny.gov

Jeff Ray, CASAC
Behavioral Health Systems Specialist
Albany County Department of Mental Health
(518) 447.2032 (518) 447.4663
Jeff.Ray@albanycountyny.gov

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