



WILLOW Community Resource Bulletin

April 2018

ALBANY COUNTY
Cares about our health

Welcome to the WILLOW Community Bulletin's 3rd Year of Distribution

~ We thank you all for the support and interest in this resource ~

SEX

April is STD Awareness Month

Albany County Department of Health has HIV/STD testing- Check in for clinic
Tuesdays and Thursdays from 8:30-10 am.

175 Green St, Albany, NY (next to the DMV) Call **(518) 447-4589** for more info

SEX

This Month at the Women's & Children's Health Education Center



Breast Feeding Support Group 4/4 and 4/18 1-2:30pm Mercy Conf Rm 6
Post Partum Support Group 4/16 2-3pm Mercy Conf Rm 6
Parents of NICU Babies Support Group 4/30 5:30pm-7pm meet in NICU unit
Prepared Childbirth Class for expectant teens 4/17 6-8pm- registration required
Variety of Classes available call (518) 525-1388 or visit www.sphp.com/classes-events

April 21-28, 2018 is National Infant Immunization Week



- Vaccinate to prevent childhood diseases
- Get helpful tips on comforting your baby
- Visit the Centers for Disease Control for the latest immunization schedule during vaccine visits

Call Albany County Dept of Health at **(518) 447-4589** with questions

Visit the Teen Clinic and Planned Parenthood Health Center

Walk-In services available Thursday afternoons, 3pm-6pm, 855 Central Avenue, Albany
Most teens eligible for coverage under the Family Planning Benefit Program, free insurance that covers all birth control methods, annual exams and pap smears. Bring ID and proof of current residence



Tired of Using Your WIC Checks?



Starting May 2018, Whitney Young Health WIC and Albany Medical WIC will be switching over to the EBT Card. No more sorting groceries, no more having to get everything on the checks, no more holding up lines at the store!

Need a gallon of milk? Just swipe your card and go!



ACAP Early Head Start for children 6 weeks-3 years of age

Locations at 25 Monroe St or 170 Ontario St Albany

ACAP Head Start for children ages 3-4

Enrolling now for Albany, BKW, Colonie, Cohoes, Green Island, Watervliet & Ravena

Call (518) 463-3175 Option 2

OR

Apply In Person at :

333 Sheridan Ave Albany NY



Albany Public Library is hosting the Annual Baby Shower

Sunday April 22, 2018 from 1:00-3:00 pm

Parents and Children ages 0-5

161 Washington Ave Branch Library

Blessingdales Clothing Center

Clothing and Household Items

Women's Hours: Wednesday and Friday
9:00-11 am and 1:00-3:00



Provided by Capital City Rescue Mission
95 Trinity Place Albany NY

Call (518) 462-0459 ext. 258



Capital District Educational Opportunity Center

No cost academic and vocational training for those who qualify

HSE/College Prep, Welding, CNA, Culinary Arts, Cosmetology and More
Troy and Albany locations — Call today: (518) 273-1900

Albany County Offers Services for Women, Infants, & Children

If you need assistance connecting with community resources, navigating government programs, learning about your pregnancy and how to best care for yourself and your family, contact the

Single Point of Entry (SPOE) line : (518) 447-7777, Monday-Friday 8:30-4:30

Operators available to answer questions, offer support and make referrals to medical and dental providers, counselling, self-care education and more



Health & Wellness

Parents & Families

Other Services

